



COLLEGE
OF PHARMACY

Lobo Script

a monthly magazine for everyone

NOVEMBER . 2018

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Dear Friends,

What an amazing fall semester it has been. This issue of Lobo Script is one of my very favorites because it covers so many of the important ways we serve, connect and engage the greater communities beyond our campus.

Beginning with our annual Community Outreach Day, which is one of the largest of its kind in the United States, our students and our community preceptors - many of whom are also alumni - constantly stretch themselves and give their time and talents to making our world a better and healthier place.

Our faculty, too, are putting their impressive skills and knowledge to work, leading the nation in our battle against the devastation of the opioid epidemic and tackling some of our most pressing environmental challenges while continuing to provide health care access to some of our most under-served populations.

Not all of our engagement activities have such serious intents. Having fun and catching up with our alumni and friends is also an important part of the UNM College of Pharmacy experience. We had a fantastic time in Austin earlier this month, visiting with our folks in Texas, and we are looking forward to seeing many of you soon as we travel to Anaheim, California for the ASHP Mid-Winter Meeting. If you're going to the meeting, please be sure to stop by our alumni reception December 2nd at 6PM as we'd love to see you in person and hear about your life.

Things are starting to wind down in preparation for winter break, but our students are gearing up for final exams. To all of them, I send my best wishes and vote of confidence. Be sure to get enough sleep, pace your studying and try to keep the energy drinks to a minimum. You can do this!

Finally, on a more solemn note, we said goodbye to a beloved colleague, Harriet Bull, recently. I send my deepest sympathies to her husband, Ken and sister Helene. Harriet was one in a million and we are all saddened by her passing.

Thank you all for your continued support of and interest in the UNM College of Pharmacy.

Sincerely,



Donald A. Godwin, PhD
Dean



COLLEGE
OF PHARMACY

LOBO Script a monthly magazine for everyone

editor-in-chief

Bridgette W. Jones

board

Donald A. Godwin, Irene Gray,
Bridgette W. Jones, Markella Pavlakos,
Chelsea Beth Walker & Krystal Ward

contributors

Dawn Anderson, Molly Benning, Donald
Godwin, Cindy Foster, Irene Gray,
Bianca Johnston, Bridgette W. Jones &
Lyndsay Ryan

submission deadline

last business day of each month

submit your stories & news tips to

bcwagner@salud.unm.edu

We develop pharmacists, educators and scientists whose leadership, dedication and innovation improve the health of our local and global communities.

pharmacist

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[give online](#)

Gifts to the UNM College of Pharmacy help us ensure that we continue to provide future generations of pharmacists with the best foundation possible.

We are social! @#UNMCOP



A man in a grey t-shirt with 'LOBO PHARMACY' printed on it is standing and speaking to a group of students in a classroom. He has his hands outstretched as if explaining something. In the foreground, the backs of several students' heads are visible. One student is wearing a red shirt with 'Alpha President' on the back. Another student is wearing a light blue shirt. The background shows a whiteboard and a projector screen.

COMMUNITY OUTREACH DAY

by Bridgette Wagner Jones & Lindsay Ryan

Since 2012, Community Outreach Day has served more than 37,500 New Mexicans.



Above: From Dean Godwin's facial expressions, it's clear that anticipating a flu shot is the worst part of getting one.

For the seventh year in a row, class was canceled for one day in October. More than 200 UNM student pharmacists set out on a very important, statewide mission - to deliver free health information and services to the people of New Mexico.

From flu shot clinics to poison prevention education, 2018 was a banner year for UNM College of Pharmacy Community Outreach Day. On October 19th, more than 6,600 New Mexicans benefited from free services at more than 35 sites - as far away as Las Cruces and as close by as UNM's Student Union Building.

Initially the brainchild of two student pharmacists in 2012, this nationally recognized initiative has become so popular that it is now an official part of UNM's doctor of pharmacy curriculum.

Service	2012	2013	2014	2015	2016	2017	2018
Influenza Immunizations/SKIIP	1,423	1,371	1,566	1,083	1,240	1,401	2,779
Generation Rx	1,278	1,689	1,625	2,629	3,192	782	1,674
SPIKE/Poison Prevention/Vials of Life	320	641	1,400	1,150	800	784	524
Health Fair Screenings	121	200	80	141	201	111	203
HIV Health Education and Screening	-	207	800	200	229	196	33
Operation Self Care	-	242	-	1,003	642	689	852
Stand Together Geriatric Initiative	-	-	-	-	-	17	32
OTC Medication Safety	-	-	-	-	315	430	430
Guard Ur Self (HPV Education)	-	-	-	-	120	265	146
Totals	3,142	4,350	5,471	6,433	6,835	4,675	6,673

Our students put together a video of this year's outreach day. To view, [click here](#) or visit the [College's Youtube channel](#).



UNM FEATURE- Lobo Script November 2018



Remembering Our Dear Friend Harriet S. Bull

It is with great sadness that we let you know that Harriet (Svirsky Kray) Bull, UNM College of Pharmacy's beloved director of development from 2008-2013 passed away in the company and comfort of her loved ones, at her home in Victoria, British Columbia, Friday, November 16th.

Harriet left an indelible mark in the hearts of all who had the privilege of knowing her.

Her passion for life, boundless energy and joy, and devotion to philanthropy were gifts she gave to all who knew her.

We send our deepest sympathies to her husband, Dr. Kenneth Bull and her sister, Helene Wagner. Please keep them in your thoughts and prayers.

Harriet's circle of friends here in New Mexico is vast. Plans are currently being made for us to gather in Albuquerque to celebrate and remember Harriet mid-January of 2019.

We will make sure to share the details of this important event with you as soon as they are finalized.

One of the things Harriet was most proud of in terms of her legacy at the College and UNM was the creation of scholarship fund in her family's name - The College of Pharmacy Svirsky Family Scholarship.

If you would like to join us in honoring Harriet by contributing to her legacy, [please click here.](#)

UNM COP SOCIAL MEDIA STUDENT TAKEOVER

by Bianca Jonhston



We expanded the UNM College of Pharmacy's social media presence in 2018, and since the launch of our official Instagram page last March, we have also been eagerly anticipating the perfect moment for our students to take the cyber reigns for a day.

Student social media takeovers are about celebrating the student experience. They provide an authentic, first person account of what their lives are truly like. They remove the "institution" and allow our students' voices to speak and connect in real time with the world outside of their school. These events also allow prospective students to hear and see directly from their peers what an exceptional and vibrant community awaits them.

Community outreach day was the perfect opportunity to launch our first ever student take over of our largest social media vehicles - our Instagram and Facebook pages - and we were amazed at the participation and high quality contributions from our student pharmacists.

A total of 14 students participated in the takeover. They posted a total of 58 images. Our followers were blown away by not only the creative content our students shared, but also the volume of important services they provided in communities across New Mexico.

"Our hope is that by sharing their UNM pharmacy school experiences our students not only gain inspiration for new ways to make the most of their time here, but also draw some fantastic new students into the pharmacy profession and UNM," said **Bridgette Wagner Jones**, head of communications for the College.

The College extends its deepest thanks to all the students who educated our community and shared their experiences during our first ever student takeover. This wouldn't be possible to accomplish without them, and we look forward to many more student takeovers soon.

We are social! @#UNMCOP



13th back by popular demand fiesta de flu!

by Bridgette Wagner Jones



An estimated 80,000 Americans died of influenza and its complications last winter, according to the Centers for Disease Control, making 2017-2018 “the deadliest season in more than 40 years.”

Anyone can contract influenza at any time, no matter how healthy or ill they are. But, because of the nature of their work, health care professionals are particularly at risk for contracting and transmitting influenza.

Ensuring the health and well being of our community is a top priority for both the UNM College of Pharmacy and the UNM College of Nursing, which is why we have been partnering each autumn since 2004 to host the “Fiesta de Flu” - a campus-wide flu shot clinic providing free vaccinations to UNM Health Sciences faculty, staff and students.

On October 25th, we were especially happy to see the fiesta back in our halls given vaccine availability prevented the annual event from happening last year.

This year, under the preceptorship of faculty and the collaboration of UNM’s Student Society of Health System Pharmacists and Student Nurses Association, 222 of our community members received their flu shots at the caring hands of pharmacy and nursing students.

The College extends its sincere thanks to all of the students and faculty who made this event possible.



STUDENTS - Lobo Script November 2018

15th JDRF Halloween Carnival: a Frightful Success

by Bridgette Wagner Jones

Something strange and wonderful happens at the UNM College of Pharmacy on the last Saturday of October. Literally overnight the rooms, halls, and public spaces of our main building transform from a typical college setting into a spooky and wild array of delights and frights for kids of all ages. Halloween at the UNM College of Pharmacy comes with a special twist for a very special cause.

For most kids, Halloween represents two things - costumes and candy. For most parents, it's a fun time with the biggest challenge being where to hide the surplus spoils of trick-or-treating once their little goblins, princesses and superheroes have fallen asleep in a sugary bliss.

But for families living with diabetes, a holiday built around sugar can be not only disappointing but also treacherous. Children with diabetes are often left out of the standard traditions, especially trick-or-treating.

For 15 years, our student members of the Academy of Student Pharmacists and Kappa Psi fraternity have been partnering with Albuquerque's chapter of the Juvenile Diabetes Research Foundation (JDRF) to change that.

Open and free to the public, the UNM College of Pharmacy's annual JDRF Halloween Carnival provides a fun and safe environment for families with diabetes to celebrate and create positive Halloween memories.

Sugar free diabetic friendly food and treats aren't the only things on the menu. A good natured scare is also served in the already creepy sub-basement of the College, which provides the perfect setting for a horrifying haunted house. If that's too terrifying for some, interactive games including a pumpkin walk are held in the classrooms. For the more chill crowd there is always a movie playing and popcorn popping in the auditorium.

Offering so many things to see and do for so many requires monumental efforts from our students. We congratulate them on another successful year and thank everyone who worked to make this Halloween a fun, safe and memorable experience for so many families.

PLS Student Leaders of the Month: October 2018

by Molly Benning, Doctor of Pharmacy Candidate 2019

There are many types of leadership but often we fall into the trap of thinking that leadership only comes from those in a leadership position. Leadership can also come from a classmate who sees a need and steps in to take care of it, or from a student who inspires you. Leadership can be big, such as starting a new student organization, or planning an event, but it can also be small such as sharing your notes or flashcards with your classmates. Leadership happens when someone believes passionately about something and wants to make a difference.

Each month, Phi Lambda Sigma (PLS) polls UNM student pharmacists to hear about and celebrate student leaders because leadership can happen anywhere and at anytime, but often goes unrecognized.

In October, we received some great nominations for PLS leader of the month. Thank you to all of our classmates who took the time to recognize the leaders who encourage us, inspire us, and help us to grow and reach our goals.

It is our great honor to announce our **October Leaders of the Month**. Because we received so many nominations, we are choosing to recognize two UNM student pharmacists.

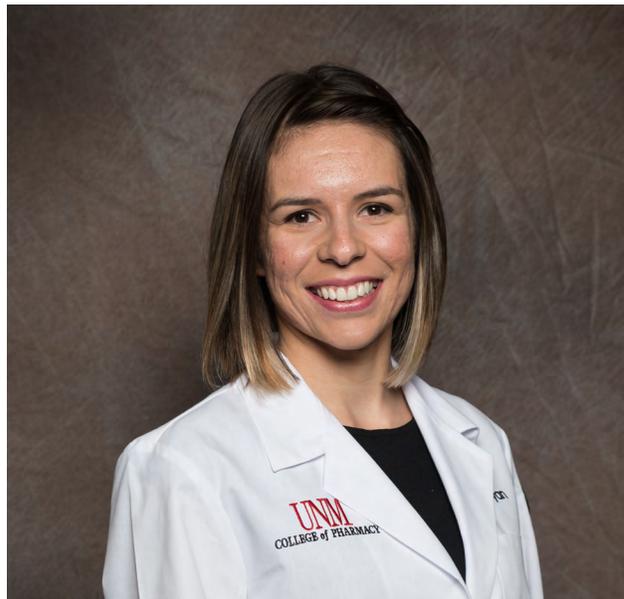


Gardenia Gomez

Doctor of Pharmacy Candidate, 2022

"Even after Outreach Day assignments had been made, Gardenia went above and beyond to volunteer for another site. I could tell from her emails that she was so willing and appreciative for the opportunity to volunteer all day during Outreach Day. Her enthusiasm about Outreach Day was truly inspiring!"

"For Outreach Day this year Gardenia was assigned to give presentations for an initiative in the afternoon. The day before she reached out and asked if she could additionally help volunteer with things at the Mexican Consulate because she speaks fluent Spanish and knew that this patient population would benefit from that. Her offering to help extra just because she sees a need she can fill is what stands out as a leader to me."



Lyndsay Ryan

Doctor of Pharmacy Candidate, 2020

"Lyndsay holds several leadership positions concomitantly in her class, student council, and in her fraternity Phi Delta Chi. Ms. Ryan is enthusiastic in every activity that she pursues and acts a role model for all of the P2s and P1s."

"Lyndsay put in such an enormous amount of work for Outreach Day. She came up with ways to make signing up and organizing things easier, and because of her diligent work, Outreach Day went off without a problem. Not only did she handle this, but she is always willing to help anyone who asks for it."



Diary of a P-4

Reflections on an APPE Oncology Rotation in Seattle, WA

by Dawn Anderson,
Doctor of Pharmacy Candidate 2019

In September, I had the opportunity to travel to Seattle, Washington to complete a Patient Care APPE in Oncology at Swedish Medical Center.

Dr. Roger Yamaguchi, the Residency Program Director at Swedish, oversaw my rotation and scheduled me in varying areas within and even outside the hospital to give me the most experience possible in the short four weeks I was there. This included everything from working with the inpatient pharmacists covering the oncology units to listening to pharmacists counsel patients who were receiving a bone marrow transplant. I was even able to observe surgery for a day and witness multiple cases!

Not only was this an opportunity to learn clinically, but it was also a chance for me to see how healthcare is practiced outside of New Mexico. For example, the perception of marijuana use was very different in the state of Washington where it has been legalized. In fact, one of my projects included an in-service regarding the regulations for prescribing medical marijuana in the state of Washington.

I realized that a healthcare provider in Washington likely has a different definition of “complementary medicine” than that of a provider here in New Mexico. This experience truly sparked an interest in oncology, which is something I never thought I’d say.

There is something elegant about the research being done to provide patients the best options possible when the outlook is less than good. It was fascinating to learn more about the targeted immunotherapies and get a glimpse of CAR-T therapy. However, it was also difficult to watch patients endure such toxic regimens and to observe providers share the news that their disease was progressing. These interactions had a profound impact personally and highlighted the importance of empathy when in the role of a healthcare provider.

I could go on, but simply stated, this was an amazing experience. I would like to thank Roger, our experiential office, and everyone involved in the rotation for providing a meaningful learning experience.



“Pharmacists can make an acute impact within their communities. This project shows the power pharmacy research can have when it is embedded in an academic institution..”

- Dr. Richard Larson

CONSiDER Project:

UNM College of Pharmacy Leads Three-State Coalition to Address Opioid Epidemic, Focusing on Community Pharmacies in Rural/Under-served Areas By Cindy Foster

The opioid epidemic remains a critical health crisis in America. Pharmacists are poised to be on the front lines in combating accidental opioid overdoses, yet in rural areas with scarce resources, they face numerous obstacles to getting information and pharmaceutical supplies to their customers.

The numerous routes in which people develop opioid use disorder also complicate the situation. Today's classification of opiates spans a variety of drugs ranging from legal drugs such as fentanyl, codeine, and morphine to illegal drugs such as heroin. It means healthcare professionals need educational materials that will be effective when speaking to people from a wide variety of backgrounds, from teenagers to patients facing pain from injuries to seniors dealing with long-term chronic pain issues.

Naloxone, sold under the brand name Narcan, is a medication used to block the effects of opioids, yet people have a tendency to shy away from having it in their homes. How do you persuade a 70-year-old patient with a chronic non-cancer pain about the need for naloxone? Might a fire extinguisher analogy about naloxone be made with a parent of a teenager who might be at risk?

Researchers from Minnesota and Massachusetts are joining their colleagues in the UNM College of Pharmacy and School of Medicine to create effective educational interventions for pharmacists through the CONSiDER project.

"The goals of this collaborative effort is to develop core training materials for pharmacists which can be disseminated throughout the country, and to identify state-

specific elements which are pertinent to our communities", says project director and UNM COP professor, **Ludmila Bakhireva**, MD, PhD, MPh.

"Pharmacists can make an acute impact within their communities. This project shows the power pharmacy research can have when it is embedded in an academic institution, pursuing all three of our missions of education, research and clinical care," according to **Richard Larsen**, MD, PhD, executive vice chancellor for the UNM Health Sciences.

At a recent meeting at UNM, the researchers worked on creating training materials for pharmacists to use when identifying and speaking with customers who might be at risk of opioid overdose and offering naloxone.

"One big misconception we have to address is that people mistakenly think that having naloxone available will encourage opioid use," says Bakhireva.

The coalition's agenda is ambitious and moving quickly. The CONSiDER team will start delivering training to identified pharmacies in December, 2018. "The quick pace the group has set for itself is good," Larsen says. "We need to move fast in this rapidly changing situation."

Welcome!

2018
MTC

TENTH on METAL TOXICITY &
conference CARCINOGENESIS

100th Church
Anniversary

College Hosts World-Class Research Conference

by Cindy Foster



We live in a complicated world – and the work presented this year at the UNM College of Pharmacy’s 10th Conference on Metal Toxicity and Carcinogenesis, which ran from October 29-31, reflected that.

Many of the conference topics touched close to home for New Mexicans, because they concerned the effects of exposures of mixed heavy metals in and around hundreds of abandoned uranium mine sites on the Navajo Nation as well as the thousands present throughout the western U.S. Among contaminants at those sites are uranium, vanadium, cadmium and arsenic.

“Our health can be severely impacted by exposures to a multitude of environmental metals and toxins,” said College of Pharmacy Dean Don Godwin, PhD. “Increasingly, our research reflects those multiple exposures. We are proud that our conference has grown into the premier national conference on mixed metal exposures and that is reflected by the international team of experts who presented here.”

Scientists from as far away as China and Germany traveled to Albuquerque to present their research, he said. The nearly 170 attendees represented approximately four countries, 27 states, three federal agencies, nine tribal associations/communities and 41 universities/institutions of higher learning.

In 2017, the College received funding as the Environmental Protection Agency’s first Superfund Research Center dedicated to studying the toxic effects of mixed metal and uranium exposure on tribal communities in the Southwest.

Alternating between UNM and the University of Kentucky, the conference has built a reputation as the premier conference in this area of scientific discovery.

“The most extraordinary aspect of this conference series is its ability to bring together a diverse community of the world’s foremost investigators conducting cutting-edge research and our most promising young scholars - all of whom are united by their shared dedication to this important field of inquiry” said UNM College of Pharmacy Associate Dean for Research, Jim Liu, PhD, who co-organizes the conference with University of Kentucky colleague, Dr. Xinglian Shi.

Entire issues of scholarly journals have been dedicated to the work highlighted at these meetings. This year, a special issue of Toxicology and Applied Pharmacology will be published, with an expected online publication in May 2019 and August 2019 in print.

More information can be found at unmcop.net/metals.

Alumni Awards Open for Nominations

Celebrate the successes of your fellow alumni by nominating them for one of our alumni awards. From now until December 14th you will have the opportunity to recognize someone with one of the following:

The University of New Mexico College of Pharmacy Distinguished Alumni award

recognizes a distinguished alumnus/a who is 20 years or more out from their graduation date and has an outstanding record of achievement in professional practice, service and/or research. [Click here for the nomination form.](#)

The University of New Mexico College of Pharmacy Emerging Leader award

recognizes alumni who are 10 years or less out from their graduation who have an outstanding record of achievement in professional practice, service and/or research. These individuals are acting as role models for the next generation of pharmacists. [Click here for the nomination form.](#)

Please contact Irene at hsc-cop-alumni@salud.unm.edu with any questions. Winners will be announced in March 2019.



Cruising with Our Austin Alumni by Irene Gray

Catching up with our Pharm pham in the Lone Star state's capital city has us "cruising" for more. Alumni from the College of Pharmacy joined alumni from the UNM School of Medicine and College of Nursing on Saturday, November 3rd for a dinner cruise around Lady Bird Lake in Austin, Texas. This unique experience was part of our series of regional alumni events with the university's Health Science Center, and it did not disappoint.

Keep your eyes peeled for the next HSC alumni event in your city. We'd love to see you there.

Congratulations

Congratulations to UNM College of Pharmacy alumnus **Dr. C. Frank Bennett** who was recently awarded the Breakthrough Prize in Life Science for his and a colleague's work in developing the only FDA approved treatment for spinal muscular atrophy - the leading cause of death in infants younger than 2 years of age. We will be reaching out to Dr. Bennett for an interview for our magazine early in 2019, so please be sure to check your email in box.

Thank You

The College's Alumni Society held a CV review for PharmD students on Tuesday, October 30th. Thank you to the alumni who participated in encouraging our student pharmacists' professional development: Dr. **James Brown** (PharmD, '02), Dr. **Monique Dodd** (PharmD '14), Dr. **Kelsea Gallegos-Aragon** (PharmD '17), Dr **Jason Koury** (PharmD '14), Dr. **Chris Lovato** (PharmD '05), Dr. **Kyle Milberger** (PharmD '07), Dr. **Kim Neff** (PharmD '09), Dr. **Keenan Ryan** (PharmD '14), Dr. **Pree Sarangarm** (PharmD '10) and Dr. **Alex Wehner** (PharmD '18).

If you are interested in participating in opportunities such as this, please contact Irene Gray at igray@salud.unm.edu.

In Memory

David Cook (BSPH, 1969) passed away on October 8th. His obituary can be found by [clicking here](#).

Tell Us Your Stories

Did you just begin a new position? Get married? Become a proud new parent? Know another classmate who has accomplished something incredible and you want to share? Tell us.

Send us an email at hsc-cop-alumni@salud.unm.edu and we will announce the news in our next Lobo Script Magazine.

Stay Connected

Irene Gray, our Senior Alumni Relations Officer, is your alumni liaison for all things UNM COP. Please feel free to contact her anytime.

Irene M. Gray, MPA | 505.925.0845 | igray@salud.unm.edu

DECEMBER 2

Alumni Mixer at ASHP Midyear Mtg
6PM . Marriott Anaheim

DECEMBER 14

COP Alumni awards nomination period closes

- 2019 -

MARCH

APhA Annual Meeting: UNM Alumni Reception

April 10

Research & Scholarship Day Poster Exhibition & Competition
12-4PM . *Domenici Center for Health Sciences Education*

April 18

John A. Pieper Leadership Academy Seminar: COP Alumni Award Recipients
Gold Circle Reception
Honors & Recognition Ceremony

May 1

Class of 2020 Pinning Ceremony
6PM . *Isleta Resort Hotel*

May 10

College of Pharmacy Class of 2019 Convocation
Golden Graduate (Class of 1969) 50th reunion
Popejoy Hall



We are social! @#UNMCOP

