

# LOBOscript

fall 2019



CELEBRATING  
**AMERICAN  
PHARMACISTS  
MONTH**

A MAGAZINE FOR EVERYONE FROM THE UNIVERSITY OF NEW MEXICO COLLEGE OF PHARMACY



# COLLEGE OF PHARMACY

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**submission deadline**

Q1: January 15, Q2: April 15, Q3 July 15, Q4: October 15.

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*LoboScript* is published by The University of New Mexico College of Pharmacy

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### Community Outreach Day

Our students kicked off their 8<sup>th</sup> annual Community Outreach Day, providing free healthcare services throughout the state.

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# dean's desk notes

**Dear Friends,**

I am happy to share this special Fall edition of Lobo Script with you, a magazine for everyone from the UNM College of Pharmacy.

Inside this issue, you will discover the many ways that we serve our students, our community, and the profession of pharmacy. As many of you already know, October was American Pharmacists Month. For us, this month is our time to reflect on and reinvigorate our efforts to develop the next generation of pharmacists, educators and scientists who improve the health of our local and global communities. We are proud to share that last month was, in fact, a very busy month of doing just that.

Throughout American Pharmacists Month, our student pharmacists took every opportunity to give back to their community. Whether it was providing free health services and education or coordinating a Halloween Carnival with sugar-free treats that benefitted diabetic children and their families, our student pharmacists continue to go above and beyond on behalf of their community.

Despite having some very productive months, it is our future that truly excites me. Throughout 2020, we will be celebrating our 75 year history of preparing pharmacists, educators and scientists. Our yearlong Diamond Anniversary Campaign will be launching soon and I cannot express how humbled I am by the tremendous legacy we are honoring. At the college we are looking forward to a year of celebration, and hope that you will join us in setting the foundation for another great 75 years.

The trees are shedding their leaves in preparation for the cold, and before long snow will (hopefully) cover the New Mexico mountaintops - be this as it may, we at the college maintain our burning passion for our mission, and stand ready for what magnificent things this winter may bring. Please be sure to review our upcoming events and mark the dates on your calendars - we are eager to see you.

Thank you for your continued support of the UNM College of Pharmacy.

Sincerely,

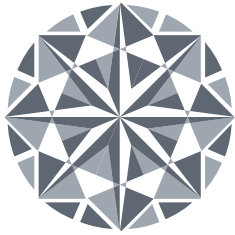


**Donald A. Godwin, PhD**  
*Dean*





————— 1945-2020 —————  
DIAMOND CAMPAIGN



# Introducing the Diamond Campaign

We've all seen the news. Year after year, education costs rise, job markets tighten, state funding decreases and competition for recruiting the most talented students intensifies. Since 2003, the number of colleges and schools of pharmacy in the United States has increased 62%.

Our need for private support is greater than ever, but so too is our potential for transforming our world and our children's world for the better. Our faculty, staff and students work tirelessly to improve both the health and quality of their communities through their innovations in pharmacy and pharmaceutical research.

The Diamond Campaign for The UNM College of Pharmacy has set a goal to raise \$1.5 million to support pharmaceutical education, research and patient care. With the support of alumni, friends, and corporate partners these funds will:

**EMPOWER** students through scholarships and leadership opportunities.

**ESTABLISH** post graduate pharmacy residencies and fellowships.

**ATTRACT** and retain the most talented faculty through enhanced research funding and endowed professorships and chairs.

**RECRUIT** the best and brightest graduate students by providing teaching assistantship stipends.

Now is the time to commit your time, expertise, connections and dollars. Join our campaign honoring the College's milestone – the Diamond Anniversary.

**To get involved with the campaign, please contact:**

**Markella Pavlakos**, Development Director, at **213-444-9690**



# Dean's Diamond Tour

Dean Donald A. Godwin and Markella Pavlakos are on the road, visiting our friends and spreading the word about the UNM College of Pharmacy's upcoming 75th anniversary.

**Want Dean Godwin to visit you next?**

Reach out to Markella Pavlakos:  
[markella.pavlakos@unmfund.org](mailto:markella.pavlakos@unmfund.org)





# Who will your Gem be?

## We need your nominations

In celebration of the College's 75th anniversary, we would like to recognize 75 alumni who have made an impact within their field. We are looking for people who embody the mission, vision and values of the College.

Through their leadership, dedication and innovation, they are improving the health and quality of life of our local and global communities. Gems can come from the worlds of education, research, or patient care.

## Criteria

The selection committee will consider all alumni from the UNM College of Pharmacy who have distinguished themselves in one or more of the following areas:

- **Administration/Management**
- **Advocacy**
- **Education**
- **Entrepreneurship**
- **Government/Military**
- **Patient care**
- **Research**
- **Service/Leadership**



**Nominate your Gem [here](#)**

Selected alumni will be featured in College publications throughout 2020, culminating in a formal recognition ceremony at our 75th anniversary gala on November 7, 2020.

**Nominations will be accepted  
through June 30, 2020**



# COMMUNITY OUTREACH DAY

By Beverly Anderson & Irene Gray

In 2012, student pharmacists went above and beyond their curricular expectations by gaining the approval of leadership to create Community Outreach Day, which is still the only initiative of its kind throughout the nation. For one day during National Pharmacists Month, student pharmacists are given the opportunity to travel throughout the state of New Mexico in order to provide free health

services and education to patients who otherwise may not have access to medical care.

Since its founding, the magnitude and impact of Community Outreach Day has increased, but the goals remain consistent: to increase access to health information, services, and education to underserved populations. Through these efforts, Community Outreach



**Left:** Group of student pharmacists and preceptors at the Rio Bravo Senior Center.

**Top-Right:** Two student pharmacists provide free health screenings at the Consulate of Mexico in Albuquerque.

**Bottom-Right:** Student pharmacists providing free flu shots outside the UNM Student Union Building.

Day also promotes and encourages student participation in community service and increases the general public's awareness of the vital role that pharmacists play in healthcare administration.

We wish to extend a public "thank you" to the pharmacists who volunteered their time and expertise for this year's effort. Through the hard work and dedication from student pharmacists, COP faculty, and volunteer pharmacists, student pharmacists were

able to impact the lives of nearly 5000 patients. We are extremely proud of the fact that two new initiatives were rolled out with huge success, and we also had a record number of pharmacists willing to volunteer as supervisors. Thanks to the support of our College community, the relationships that are built on Community Outreach Day between patients, pharmacists, and future pharmacists will continue to grow and provide rationale to advocate for pharmacists as health care professionals.

# October is American Phar

The month of October is an exciting time at the UNM College of Pharmacy. It is a month of near-nonstop community engagement and service on the part of our student pharmacists.

One of the largest initiatives that our student pharmacists spearhead throughout October is providing inoculations in anticipation of the flu season. This year, a mere three days into American Pharmacists Month, Tim Keller, the mayor of the city of Albuquerque received his flu shot from a Lobo during a flu shot clinic organized by the UNM College of Pharmacy APhA-ASP Chapter within the walls of the city council chambers.

Through the end of the month, student pharmacists continued organizing flu shot clinics on the campus and around the city of Albuquerque. *Fiesta de Flu*, a yearly flu shot clinic specifically serving UNM Health Sciences

students, staff, and faculty, is a perfect example of the incredible community engagement and interprofessional collaboration that American Pharmacists Month facilitates. *Fiesta de Flu* is organized in collaboration with the UNM College of Nursing, resulting in the kind of interprofessional interaction that prepares healthcare professionals



(Above) Student Pharmacist receiving her flu shot from a nursing student during the annual *Fiesta de Flu*.

for real-world clinical practice and a more thorough appreciation between the pharmacists and nurses of tomorrow. Though flu shot clinics are an essential aspect

# Pharmacists Month



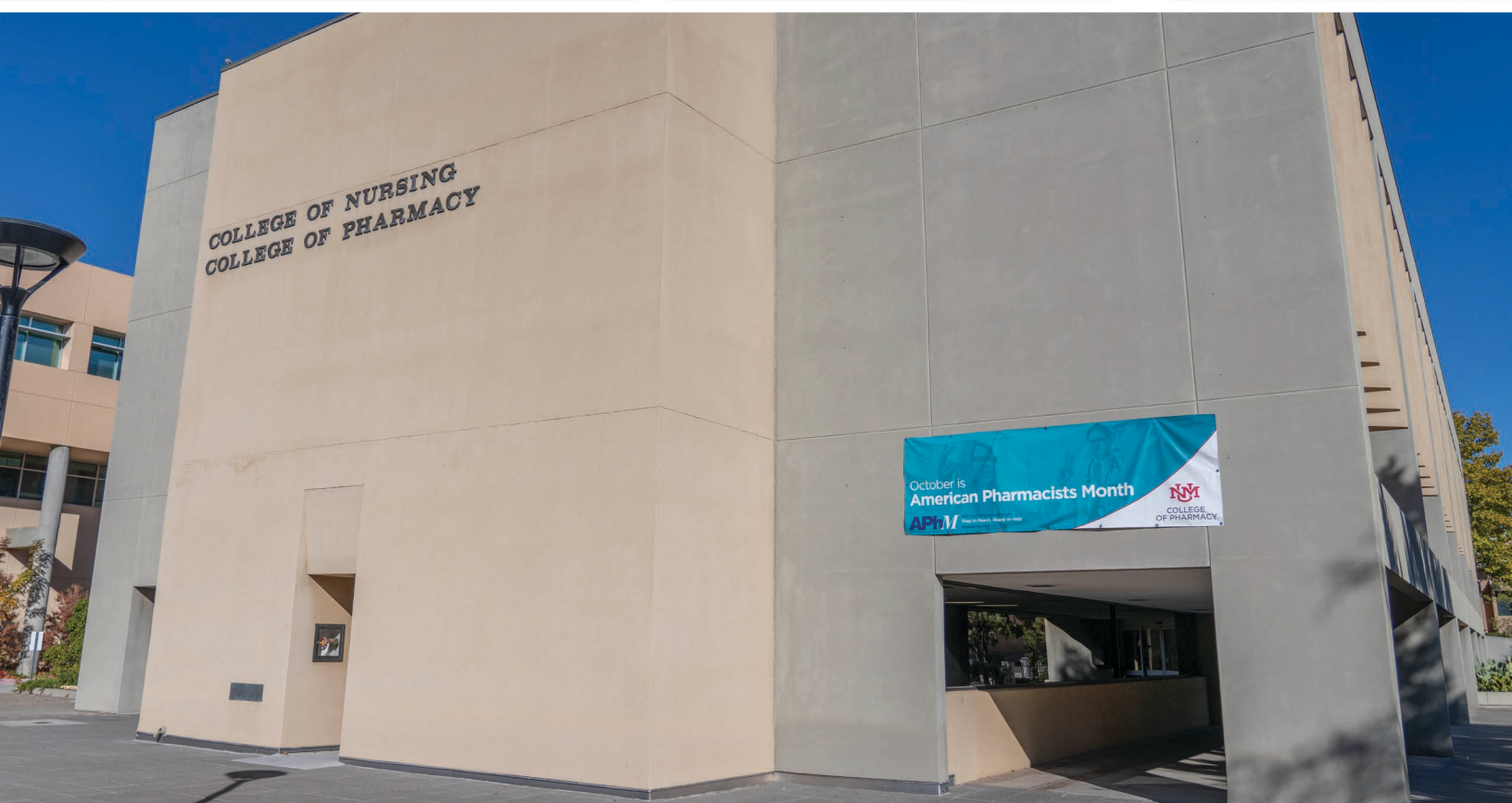
(Above) A young child coloring some crafts at the annual JDRF Halloween Carnival.

of the month's celebrations, our student pharmacists serve in many other tremendous capacities. The *JDRF Halloween Carnival* hosted annually within our building is another way they give back to their community, namely children who are diagnosed with type-1 diabetes. The yearly Halloween carnival features sugar-free treats, games, arts and crafts, as well as a terrifying haunted house setup in the already intimidating sub-basement. At the root of all of Halloween festivities was the desire to educate not only the children who live with

type-1 diabetes, but their families who greatly benefit from learning about best-practices in diet to effectively manage diabetes.

For our student pharmacists, it is not enough to educate, or to even provide high quality healthcare during October - another purpose of the month is to advocate for the profession of pharmacy in general. *White Coats Across Montaña* is yet another yearly event during which student pharmacists, armed with their white coats and some homemade signs, line up along a major bridge crossing during the morning rush hour to publicly advocate on behalf of their profession. That event, much like the many others held, contributed to yet another successful American Pharmacists Month, one that our student pharmacists can be incredibly proud of.

**APhM** American Pharmacists Month  
*Easy to Reach, Ready to Help*  
Powered by APhA





**PHARMACY**   
**IS**  
**THE FUTURE**



# IDWeek<sup>2019</sup><sup>TM</sup>

October 2-6 | Washington, DC





# IDWeek

## The Student Perspective

“IDWeek is a conference for health professionals involved in infectious diseases. I am a current P3 and just returned from my second time attending this conference! Dr. Renee-Claude Mercier is an incredible boss and mentor and I thoroughly enjoy working in her lab. She creates innumerable opportunities for her students and takes the time to introduce my lab coworkers and I to the top minds in ID pharmacy.

Armed with the successful completion of UNM’s didactic courses on infectious diseases and research, I was excited to attend my second IDWeek conference as a pharmacy student. Understanding that a conference where one is surrounded by the most accomplished professionals in infectious diseases can be intimidating, IDWeek created a dedicated space for students to meet, mingle, and learn. In this lounge, I received advice on how to make the most of my time at the conference, learned how to approach mentors, and was instructed on how to market myself as a new professional.

During the poster sessions, I browsed the ID topics that I was most interested in and chatted with many of the presenters. The passion that the poster presenters had was quite infectious and I left excited to continue my studies and with a few questions for my professors at the college of pharmacy at UNM. I was also able to meet residency program directors of PGY2 programs that I am interested in applying to. I saw first-hand some of the research that is produced by the pharmacy residents that matriculate through these programs.

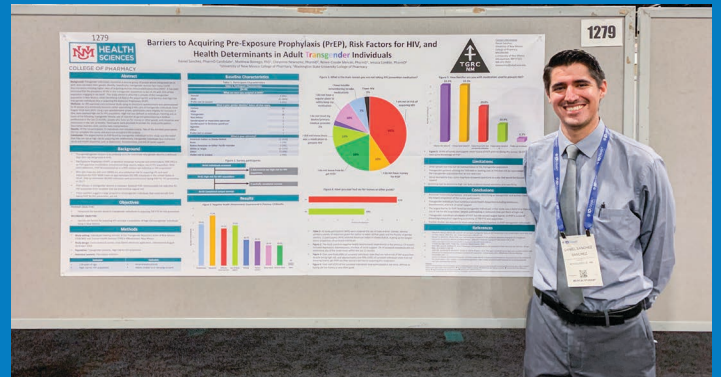
Finally, the best aspect of IDWeek was learning how to properly think through a medical problem. Memorizing facts is easy; synthesizing information and selecting the best drug is difficult. This is a concept that spans throughout pharmacy school. Presenters in “Big Beasts” walked the audience through the most difficult cases step-by-step. Hearing what information is pertinent, and why, is incredibly beneficial to me as a student.

I left IDWeek having grown both as a student interested in infectious diseases and as a student of pharmacy. Attending IDWeek, or any conference that is heavy in clinical information, as a student is a unique opportunity—though I would argue that it should not be!”

- **Beverly Anderson**  
*PharmD Candidate 2021*

“IDWeek was an inspiring and formative experience for me. Talking with experts about their work in the fields of pharmacy and infectious diseases from across the country connected me to new, exciting opportunities for my career after pharmacy school. I got to collaborate with professionals and students throughout the week and came up with ideas for future research projects and ways to enhance my current research. I am extremely thankful for this opportunity and eager to put the lessons from IDWeek into practice!”

- **Haedi DeAngelis**  
*PharmD Candidate 2023*



“Presenting at the last two IDWeek conferences has been a unique opportunity. The ability to interact with national and international experts in infectious disease from different disciplines opened my eyes to just how exciting and rewarding research can be. Cutting edge technology and new treatment modalities on the horizon are a regular part of the conference. To be a part of that as a student has been priceless.

The research we presented looked at barriers transgender individuals face in acquiring a medication used to prevent HIV acquisition. It was a privilege to work with an underserved population and share our data so that we can move forward to address the issue.”

- **Daniel Sanchez**  
*PharmD Candidate 2020*



# Alumni & Friends Tea

For the past five years, the Alumni & Friends Tea has supported scholarships for student pharmacists through the Circle of Joy. This year, our guests got to hear from one of the recipients of the Circle of Joy, **Brooke Johnson** (PharmD candidate, 2022).



**Brooke Johnson** (PharmD candidate, 2022)

“My journey to becoming a pharmacist began when I was accepted into the UNM/NMSU Cooperative Program. I had been told early on by my pharmacy mentors that pharmacy is a small world. I truly began to understand this more with my move to UNM and Albuquerque for school. My classmates, professors, and pharmacists I have met along my path have been very supportive and encouraging, far more than they even realize.

Finding people with similar values, direction, and understanding has provided encouragement in times that doubt began to creep in. Having someone believe in you when you may not even believe in yourself is an uplifting feeling, and the Circle of Joys Scholarship gave me this much needed sense of support.

I am thankful to have been the recipient of the Circle of Joy Scholarship. This scholarship confirmed for me that I am where I am supposed to be and helped me continue advancing my education. Attending pharmacy school is financially challenging and this scholarship supported me in my travels to the APhA 2019 Annual Conference, allowed me to expand my knowledge of the word of pharmacy, and helped fund my incredible journey in becoming a Pharmacist.”



# COLLEGE OF PHARMACY ALUMNI AWARDS



**BOB SHMAEFF**  
BSPH, 1961

2019 Distinguished Alumni  
award recipient



**JESSICA CONKLIN**  
PharmD, 2011

2019 Emerging Leader  
award recipient



**NEW!**

**YOUR  
NOMINEE**

Excellence in Research  
Award

## CALL FOR NOMINATIONS

Nominate [here](#)

# Alumna Wins CSHP's New Practitioner Achievement Award

In light of being awarded the New Practitioner Achievement Award by CSHP, we caught up with alumna Caroline Sierra to hear about how she continues to give back to her pharmacy community. Here is what she had to say about her award and Community Outreach Day, which her class first conceptualized:

***“I am honored that CSHP selected me to receive this award, and I am grateful for the opportunity to continue to serve this organization and the profession of pharmacy.”***

***It's amazing to see what Community Outreach Day has become. I am delighted that what began as an idea between a few friends has become a transformative event for both patients and students at the UNM College of Pharmacy.”***

**- Caroline Sierra, PharmD**  
Class of 2014

Caroline Sierra, PharmD



**CALIFORNIA SOCIETY OF  
HEALTH-SYSTEM PHARMACISTS**

Click [here](#) to read more.

# Alumni Society - Presidents' Update

My name is Pree Sarangarm and I am your current UNM College of Pharmacy Alumni Society President for 2019-2020. Kelsea, the president-elect, and I are excited to start our term on the UNM College of Pharmacy Alumni Society. Please join us in welcoming our incoming executive committee for 2019-2020:

## Immediate-Past President

Dr. Keenan Ryan  
Class of 2014

## Secretary/Treasurer

Dr. James Brown  
Class of 2002

## Member-at-large

Dr. Kyle Milberger  
Class of 2007

## Member-at-large

Dr. Drew Thornhill  
Class of 2015

## Historian

Dr. Hilliary Sheckler  
Class of 2015

## Student Liaison

Autumn Pinard  
PharmD candidate, 2022

## Nomination and Recognition

Committee Chair  
Dr. Kim Neff  
Class of 2009

## Events Committee Chair

Dr. Chris Lovato  
Class of 2005

## Membership Committee Chair

Open - contact Irene if you'd like to fill this seat

## Outreach Committee Chair

Michel Disco  
Class of 1973

We are seeking committee members for the upcoming year. Our current committees are:

- Nominations and Recognition: Identify and recognize outstanding alumni. This year this committee is focusing on identifying 75 Gems for the College of Pharmacy's 75th Anniversary
- Membership: Increase the involvement of alumni from all over the state and country. This committee is looking for engaged alumni to help recruit and increase active membership.
- Events: Create opportunities for events and networking for alumni. If you love planning and hosting events this is the committee for you!
- Outreach: Encourage a culture of giving that supports the profession and community. This year this committee is focusing on supporting the College's events for the 75th Anniversary. To make a gift to support the efforts of the Alumni Society, please click [here](#).

If you are interested in learning more about the Alumni Society and want to get involved please contact [Irene Gray](#).

Keep your eyes open for announcements for upcoming events!

Warmest Regards,

**Preeyaporn Sarangarm, PharmD, BCPS, BCCCP**  
*President*  
Class of 2010

**Kelsea Gallegos Aragon, PharmD**  
*President-Elect*  
Class of 2017

# Events

## 2019 - 2020

[events.unmcop.net](http://events.unmcop.net)

[give online](#)

Your help is critical to ensuring future generations of pharmacy practitioners and research scientists are prepared to meet and overcome the challenges of an ever-changing world.

### **December 8 | 7:30 pm**

Alumni Dessert Reception

ASHP Midyear meeting

*Mandalay Bay, Las Vegas, NV*

Please RSVP to [Irene Gray](#) by December 2nd

### **December 13**

2020 Alumni Award Nominations Close

Please contact [Irene Gray](#) with any questions

### **April 16, 2020**

Gold Circle Reception

More information coming soon

### **May 8, 2020 | 3:00 pm**

Class of 2020 Convocation Ceremony

Class of 1970 50th reunion

*Popejoy Hall*

### **November 7, 2020**

75th Diamond Anniversary Gala

More information coming soon



# COLLEGE OF PHARMACY

**Join our Pharmily:**  
*pharmacy.unm.edu*

